

Construction Occupational Safety and Health (COSH)

Objectives

- Upon completion of the course, the participant is expected of becoming a;
- A **CRITICAL AND CREATIVE THINKER** with regards to understanding of safety standards in a workplace.
- AN **EFFECTIVE AND RESPONSIBLE WORKER** in performing roles and responsibilities on identifying hazards and analyzing its cause and effect to human and environment.
- A **REFLECTIVE LIFE-LONG LEARNER** as he develops a capacity to investigate, assess and identify scientific solution to these hazards based on the OSH standards.
- **SERVICE-DRIVEN CITIZEN** that prioritizes a zero-accident performance in his everyday life by continuous learning and keep promoting to every one of what he learns on safety and health management system.

Course Outline (5 days)

DAY 1

- Importance of Safety and Health
- Unsafe Act/Condition/Workshop
- Construction Site Premises
- Evacuation Safety
- Tools and Equipment Safety

DAY 2

- Construction Machinery (Module Equipment)
- Construction Machinery (Crane Safety)
- Fall Protection
- Demolition Safety
- Routine Site Safety Inspection
- Emergency Preparedness

DAY 3

- Environmental Safety and Occupational Health
- PPE, Principle & Application
- Temporary Structure – Erection and Dismantling



DAY 4

- Construction Site Visit
- Accident Investigation / Job Hazard Analysis

DAY 5

- Role of Safety Officer and Tool Box Meeting
- OSH Programming and OSH Legislation
- Employee Compensation Program

Who should attend?

Safety Officers from Construction Industry.

Fee

- **Php 35,000.00 + 12% Vat** for the Training Center at The City Club Alphaland, Makati City
- **Php 25,000.00 + 12% Vat** for E-Learning

Note:

Early Registration Payment: Ten-Percent (10%) Discount if PAID thirty (30) days before the training date

Group Discount: Five-Percent (5%) on Three (3) or More Participants

Lecturer

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